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CULTIVATING & PRACTICING

Humility

21-DAY DEVOTIONAL

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HUMILITY

In a world that encourages self-promotion and exaltation, this devotional invites you on a journey toward cultivating a humble heart so as to diminish the grip of pride in your life.

The Scriptures repeatedly emphasize the importance of humility, showcasing it as a virtue that not only draws us closer to God but also enhances our relationships with others. Jesus Christ, our ultimate example, embodied humility throughout His earthly ministry, teaching us that true greatness is found in serving others with a humble and selfless heart.

Over the next 21 days, we will explore the depths of humility, diving into Scripture to uncover its multifaceted nature, examining its practical implications in our relationships, and seeking God's guidance to overcome the obstacles that pride often erects in our lives. Each day will present a unique perspective on humility, accompanied by relevant Scripture passages, insights, and reflective questions to help you apply these principles to your daily walk with God.

May this devotional be a catalyst for transformation, drawing you nearer to the heart of God and cultivating a spirit of humility that reflects the love of Christ in every aspect of your life.



Day 1: Humility and the Fear of the Lord

Proverbs 22:4 "True humility and fear of the Lord lead to riches, honor, and long life."

Humility starts with acknowledging our dependence on God. Humility and the fear of the Lord is the foundation for a blessed and fulfilling life.

What is the fear of the Lord? What is true humility? In what areas of your

life can you intentionally practice humility today?		



Day 2: Selflessness

Philippians 2:3-4 "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."

	ves selfless love and consideration for others. It goes beyond ce to actively caring for the well-being of those around us.		
How can you prioritize the needs and concer	ns of others over your own today?		



Day 3: Humble Yourself

James 4:10 "Humble yourselves before the Lord, and he will lift you up."

Humility opens the door for God's elevation. When we humble ourselves, Go is able to work in and through us for His glory.		
Why do you think it says "humble yourselves"? What would happen if you don't humble yourself? In what areas of your life do you need to surrender control and trust God's plan?		



Day 4: Put On Humility

Colossians 3:12 "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience."

Humility is reflected in our actions and attitudes. It involves treating others with compassion, kindness, and patience.

What does it mean to "clothe yourselves" with these traits? How can you actively demonstrate humility in your interactions with others today?		



Day 5: The Reward of Humility

Matthew 23:12 "For those who exalt themselves will be humbled, and those who humble themselves will be exalted."

The world's way is to seek self-promotion, but God's way is humility. Trugreatness comes from serving others and humbly following God.		
What are some practical ways you can humble yourself? How can you shift your focus from self-promotion to serving others in humility?		



Day 6: Embracing a Learner's Heart

Proverbs 19:20 "Hear counsel and receive instruction, that thou mayest be wise in thy latter end."

Cultivate humility by being open to learning from others. Identify one area where you can seek guidance or feedback.

What does learning have to do with humility? Are there areas in your life that you don't hear counsel or receive instruction?		



Day 7: Humble and Gentle

Ephesians 4:2 "Be completely humble and gentle; be patient, bearing with one another in love."

Humility is intertwined with gentleness, patience, and love. It involves bearing with others in a spirit of love and understanding.

What does it mean to bear one another in love? How can you practice humility by being patient and understanding with those around you?



Day 8: Thinking More Highly of Yourself

Romans 12:3 "For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you."

There is nothing like the word of God to burst your bubble and get you to think soberly. Humility requires a realistic view of self. It involves acknowledging strengths and weaknesses with sober judgment.

In what areas of your life do you need to cultivate a more accurate view of yourself? Ask God for more wisdom to have the proper perception of yourself



Day 9: Walking Humbly With God

Micah 6:8 "He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God."

Walking humbly with God involves living justly and showing mercy. It is a holistic approach to a humble and righteous life.

How can you align your actions with God's requirements of justice, mercy, and humility? Ask God for wisdom and grace in the areas where you need more help.		



Day 10: Serving Others

Galatians 5:13 "You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love."

Look for opportunities to serve others today. Serving with humility helps us prioritize the needs of others.

Assess your level of serve towards others. Where do you need to improve?

you do well?	What de



Day 11: Humility is Important to God

2 Chronicles 7:14 "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

God told this to the children of Israel and He doesn't change. Humility is a key element in seeking God's forgiveness and healing. It involves turning away from sin and earnestly seeking God.

In what ways can you humble yourself before God and seek His forgiveness and healing in your life?		



Day 12: A Fruit of the Spirit

Galatians 5:22-23 "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law."

Gentleness means humility and so it is a fruit of the Spirit. As we grow in the Spirit, we naturally exhibit humility along with other virtues.

How can you cultivate the fruit of humility by relying on the Holy Spirit in your daily life? What are some daily activities to help you grow spiritually?	



Day 13: Who God Esteems

Isaiah 66:2 "This is the one I esteem: he who is humble and contrite in spirit, and trembles at my word."

God esteems those who approach Him with humility, contrition, and reverence for His Word.

How can you cultivate a humble and contrite spirit in your relationship with God? How can you generate more respect for the word of God?			



Day 14: Humility and Wisdom

Proverbs 11:2 "When pride comes, then comes disgrace, but with humility comes wisdom."

Humility is closely linked to wisdom. It opens our hearts to receive God's guidance and understanding.

How can you seek God's wisdom through humility in your decision-making and actions?



Day 15: He Guides The Humble

Psalm 25:9 "He guides the humble in what is right and teaches them his way.""

Humility positions us to receive divine guidance. God leads and teaches the humble in the path of righteousness.

In what areas of your life do you need to seek God's guidance through humility?



Day 16: Humility and Honor

Proverbs 15:33 "Wisdom's instruction is to fear the Lord, and humility comes before honor."

Humility is a precursor to honor. It involves acknowledging the greatness of God and submitting to His authority.				
How can you cultivate a deeper reverence for the Lord and embrace humility as a pathway to honor?				



Day 17: Seeking The Lord

Zephaniah 2:3 "Seek the Lord, all you humble of the land, you who do what he commands. Seek righteousness, seek humility; perhaps you will be sheltered on the day of the Lord's anger."

Seeking humility is an essential aspect of seeking the Lord. It brings a promise of protection and refuge in times of trial.

	How can you actively seek righteousness and humility in your daily walk with God?			
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Day 18: Childlike Humility

Matthew 18:4 "Therefore, whoever takes the lowly position of this child is the greatest in the kingdom of heaven."

Have you ever paid attention to how young children seem to naturally trust and believe their parents? Jesus emphasized the childlike humility that leads to greatness in His kingdom. It involves a posture of dependence and trust.

How can you approach God with childlike humility, trusting Him completely in your life?			



Day 19: Humility Is Not Weakness

Romans 15:1 "We who are strong ought to bear with the failings of the weak and not to please ourselves."

Humility involves using our strengths to uplift others, bearing with their weaknesses, and prioritizing their needs over our desires.

How can you use your strengths to support and uplift those around you with humility?



Day 20: Humility Expressed

Ephesians 4:32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Humility is expressed through kindness, compassion, and forgiveness. It mirrors the grace and forgiveness we have received from Christ.			
In what relationships do you need to extend kindness, compassion, and forgiveness with a humble heart? Is there someone you need to forgive?			



Day 21: Practicing Empathy

Romans 12:15 "Rejoice with them that do rejoice, and weep with them that weep."

Cultivate empathy by putting yourself in others' shoes. Seek to understand their feelings and experiences, fostering a compassionate heart.

How can you put this verse into action today?